

Important points for reflection related to the 5th Session – 28th July 2021

1. What is the significance of receiving the Bodhisattva vow and how many ways/methods are there to receive it?
2. Define three vows: outer pratimoksha vow, inner bodhisattva vow and secret mantra vow. What is their relationship and how does one individual practice all the three and in which Buddhist tradition it is practised?
3. Explain the metaphor – a river with different names in the context of Bodhichitta using the mindmap provided?
4. What are the three different ways to develop Bodhichitta?
5. How do the lists of do's and don'ts, the precepts, form the life-force of the practice of each yanas, be it shravakayana, bodhisattvayana or Vajrayana?
6. Define 'Kun-Long" and the importance of a good heart as the motivation in all our practices?